

How to Make a Career Shift When You Can't Afford It and Just Don't Know What To Do

Important Self-Statements

Your answers will help you make that important career changing decision.

1. I Dislike My Job.
Yes _____ No _____

-
2. Mark on a Scale of 10 to 1, How much I dislike my career/job?
- | | | |
|-----------------|--------------------|------|
| 10 | 5 | 1 |
| Totally Dislike | Moderately Dislike | Like |

-
3. Mark on a Scale of 10 to 1, How desperate I am I leave my current career/job?
- | | | |
|-------------------|----------------------|---------------|
| 10 | 5 | 1 |
| Totally Desperate | Moderately Desperate | Not Desperate |

-
4. Mark on a Scale of 10 to 1, How financial able am I am to leave my career/job now?
- | | | |
|-------------------|-------------------|------|
| 10 | 5 | 1 |
| Completely Unable | Moderately Unable | Able |

-
5. I am prepared to do anything regarding my career/job situation
Yes _____ No _____

6. I need to stay at my current job/career for a while turn earn enough money to pay for my Escape Plan
Yes _____ No _____

7. I need to find another full-time job for a while to work my Escape Plan
Yes _____ No _____

8. Though it may be financially tight, I prepared to quit my job and use my time to prepare for the next stage of my career?
Yes _____ No _____

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9. I believe an Escape Plan will give me Hope for your Career Future
Yes _____ No _____
10. I believe that an Escape Plan will give me new, though temporary, motivation while at my current job.
Yes _____ No _____
11. I understand that just going out and finding another job will probably lead to further disappointment
Yes _____ No _____
12. I understand that though many want to quit their job, I am one of the smaller group that is willing to do something about it
Yes _____ No _____
13. I now understand that responding to Job Postings will probably not get my next career that I will be happy with and the negative responses will discourage me
Yes _____ No _____
14. I understand that following the Career Shifting process will cost both money and time, it will be highly introspective, but this investment into myself will reap big rewards in terms of an overall healthy lifestyle
Yes _____ No _____
15. I understand that going through the process is 'Short Term Pain for Long Term Gain!'
Yes _____ No _____

Regarding #15. When I went through the process, it wasn't painful at all. I found it to be so insightful that I actually got the **Long Term Gain** without the **Short Term Pain**. It could very well be the same for you. I loved going through it so much, I decided to learn to help others do what I did 20 years ago.

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Whether you would like me to walk you through this, or you find someone else to do it, here is an Overview of the key elements of a Career Management System that I created.

It is assessment based but it is important that you understand that an assessment doesn't tell you what to do. The result simply gives the necessary information that creates the dialogue during a career discovery session.

Here are the 7 Key Processes

1. Behaviours: that point to your Core Need that longs to be satisfied
2. Internal Functions: that are always at play behind the scenes, and points back to your core behaviours
3. Interests: the foundation of your career satisfaction
4. Anchors: that hold your World of Work in Place
5. Skills: that you know you have and use, the ones you want to learn and the ones you know but don't enjoy
6. Values: deep inner convictions that factor into the private aspect of your career, and
7. Career Assets: those things that make you different from others and put you in demand

Do you need more information?

Go Here: <https://lifeconcepts.ca/career-management-system/>

Hope to see you there. Look around the sight and if you have questions or would like to ask about the career discovery process, go to the contact page on my website to connect.

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